

LIITE 6: POISSULJETUT TUTKIMUKSET (KUSTANNUS-VAIKUTTAVUUSANALYYSI)

Taulukko 1. Tutkimukset, jotka poistettu katsauksesta kokotekstin luvun jälkeen.

Ei ICD F-koodia	Ei koulutettua psykoterapeuttia	Ei kustannus-vaikuttavuusanalyysi	Väärä perusjoukko. Esim. eivät avohoidon potilaita	Vääränlainen verkko	Epäselvät hoitopolut ja -yhdistelmät	Ennaltaehkäisy tai oireitten hoito	Systemaattisia katsauksia	Väärä kohdejoukko
(Bares ym. 2002)	(Bosmans ym. 2012)	(Abbass ym. 2015)	(Barrett ja Byford, 2012)	(Berghout ym. 2010)	(Andrews ym. 2003)	(Gaag ym. 2011)	(Goorden ym. 2016a)	(McBain ym. 2016)
(Boer ym. 2014)	(Chalder ym. 2012)	(Abbass ym. 2008)	(Beecham ym. 2006)	(Bodden ym. 2008)	(Dopp ym. 2017)	(Ising ym. 2016)	(Mortimer ja Segal, 2005)	(Naik, 2015)
(Bonin ym. 2014)	(Ekers ym. 2011)	(Farrington ja Koegl, 2015)	(Brach ym. 2010)	(Creswell ym. 2015)	(Healey ym. 1998)	(Ising ym. 2015)	(Shearer ym. 2015)	
(Linton ja Nordin, 2006)		(Knorring ym. 2006)	(Byford ym. 2007)	(Hedman ym. 2013)	(Heuzenroeder ym. 2004)	(Knapp ym. 2013)	(Skapinakis ym. 2016)	
(Maes ym. 2014)		(Pentecost ym. 2015)	(Crow ja Nyman, 2004)	(Gerhards ym. 2010)	(Issakidis ym. 2004)	(Kuyken ym. 2015b)	(Woodhouse ym. 2016)	
(Comans ym. 2013)		(Scheeres ym. 2008)	(Gowers ym. 2010)	(Hedman ym. 2014)	(Korff ym. 1998)	(Kuyken ym. 2015a)		
(Dzator ym. 2004)		(Simon ym. 2006)	(Horn ym. 2016)	(Hedman ym. 2016)	(McCrone ym. 2009)	(Lynch ym. 2005)		
(Evans ym. 2016)		(Stevenson ym. 2010)	(Meuldijk ym. 2017)	(Phillips ym. 2014)	(Mukuria ym. 2013)	(Mihalopoulos ym. 2011)		
(Felce ym. 2015)			(French ym. 1999)	(Titov ym. 2009)	(Narasimhan ym. 2015)	(Mihalopoulos ym. 2015b)		
(Goldfield ym. 2001)			(Hakkaart-van Roijen ym. 2013)	(Dunlap ym. 2010)	(O'Farrell ym. 1996)	(Morrell ym. 2016)		

(Hoerger ym. 2015)	(Hiller ym. 2003)	(Egger ym. 2016)	(Olmstead ym. 2007)	(Shimodera ym. 2012)
(Humphreys ym. 2013)	(Schweikert ym. 2006)	(Fals-Stewart ym. 2005)	(Papageorgiou ja Wells, 2015)	(Smit ym. 2006)
(Joling ym. 2013)	(Soeteman ym. 2011)	(Fals-Stewart ja Lam, 2008)	(Phanthunane ym. 2011)	(Smit ym. 2009)
(Kemani ym. 2015)	(Watkins ym. 2013)	(Fals-Stewart ym. 1997)	(Revicki ym. 2005)	(Vasiliadis ym. 2015)
(Korte ym. 2015)		(French ym. 2008)	(Scott ym. 2003)	
(Lamb ym. 2010a)		(Goorden ym. 2016b)		
(Lamb ym. 2010b)		(Gutierrez-Recacha ym. 2006)		
(Lemieux ym. 2006)		(Haby ym. 2004)		
(Lengacher ym. 2015)		(Kamlet ym. 1995)		
(Ljotsson ym. 2011)		(Kaplan ym. 2017)		
(Luciano ym. 2013)		(Klietz ym. 2010)		
(McCrone ym. 2004)		(McCrone ym. 2008)		
(McCrone ym. 2012)		(McCrone ym. 2005)		
(Mejia ym. 2014)		(Meuldijk ym. 2015)		
(Mewes ym. 2015)		(Mihalopoulos ym. 2004)		
(Neighbors ym. 2010)		(Mihalopoulos ym. 2015a)		

(Patel ym. 2011)	(Murphy ym. 2015)
(Sabariego ym. 2011)	(Priebe ym. 2016)
(Simon ym. 2007)	(Richards ym. 2016)
(Simon ym. 2009)	(Roberge ym. 2008)
(Smeets ym. 2009)	(Sado ym. 2009)
(Thomas ym. 2013)	(Sava ym. 2009)
(Tyrer ym. 2014)	(Schroder ym. 2017)
(Tyrer ym. 2015)	(van Eeden ym. 2015)
	(Vanhaudenhuyse ym. 2015)

LÄHTEET

- Abbass, A., Kisely, S., Rasic, D., Town, J. M., Johansson, R. 2015. Long-term healthcare cost reduction with Intensive Short-term Dynamic Psychotherapy in a tertiary psychiatric service. *Journal of psychiatric research*, 64, 114-120.
- Abbass, A., Sheldon, A., Gyra, J., Kalpin, A. 2008. Intensive short-term dynamic psychotherapy for DSM-IV personality disorders: a randomized controlled trial. *Journal of Nervous and Mental Disease*, 196, 211-216.
- Andrews, G., Sanderson, K., Corry, J., Issakidis, C., Lapsley, H. 2003. Cost-effectiveness of current and optimal treatment for schizophrenia. *British Journal of Psychiatry*, 183, 427-435.
- Bares, C. B., Trask, P. C., Schwartz, S. M. 2002. An exercise in cost-effectiveness analysis: treating emotional distress in melanoma patients. *Journal of Clinical Psychology in Medical Settings*, 9, 193-200.
- Barrett, B., Byford, S. 2012. Costs and outcomes of an intervention programme for offenders with personality disorders. *British Journal of Psychiatry*, 200, 336-341.
- Beecham, J., Sleded, M., Knapp, M., Chiesa, M., Drahorad, C. 2006. The costs and effectiveness of two psychosocial treatment programmes for personality disorder: a controlled study. *European Psychiatry*, 21, 102-109.
- Berghout, C. C., Zevalkink, J., Hakkaart-Van, R. L. 2010. A cost-utility analysis of psychoanalysis versus psychoanalytic psychotherapy. *International Journal of Technology Assessment in Health Care*, 26, 3-10.
- Bodden, D. H. M., Dirksen, C. D., Bogels, S. M., Nauta, M. H., Haan, E., Ringrose, J., Appelboom, C., Brinkman, A. G., Appelboom-Geerts, K. C. 2008. Costs and cost-effectiveness of family CBT versus individual CBT in clinically anxious children. *Clinical Child Psychology and Psychiatry*, 13, 543-564.
- Boer, M. J., Versteegen, G. J., Vermeulen, K. M., Sanderman, R., Struys, M. M. 2014. A randomized controlled trial of an Internet-based cognitive-behavioural intervention for non-specific chronic pain: An effectiveness and cost-effectiveness study. *European Journal of Pain*, 18, 1440-1451.
- Bonin, E. M., Beecham, J., Swift, N., Raikundalia, S., Brown, J. S. 2014. Psycho-educational CBT-Insomnia workshops in the community. A cost-effectiveness analysis alongside a randomised controlled trial. *Behaviour research and therapy*, 55C, 40-47.
- Bosmans, J. E., Schreuders, B., Marwijk, H. W., Smit, J. H., Oppen, P., Tulder, M. W. 2012. Cost-effectiveness of problem-solving treatment in comparison with usual care for primary care patients with mental health problems: a randomized trial. *BMC Family Practice*, 13:98.
- Brach, M., Sabariego, C., Herschbach, P., Berg, P., Engst-Hastreiter, U., Stucki, G. 2010. Cost-effectiveness of cognitive-behavioral group therapy for dysfunctional fear of progression in chronic arthritis patients. *Journal of Public Health*, 32, 547-554.
- Byford, S., Barrett, B., Roberts, C., Clark, A., Edwards, V., Smethurst, N., Gowers, S. G. 2007. Economic evaluation of a randomised controlled trial for anorexia nervosa in adolescents. *British Journal of Psychiatry*, 191, 436-440.
- Chalder, M., Wiles, N. J., Campbell, J., Hollinghurst, S. P., Searle, A., Haase, A. M., Taylor, A. H., Fox, K. R., Baxter, H., Davis, M., Thorp, H., Winder, R., Wright, C., Calnan, M., Lawlor, D. A., Peters, T. J., Sharp, D. J., Turner, K. M., Montgomery, A. A., Lewis, G. 2012. A pragmatic randomised controlled trial to evaluate the cost-effectiveness of a

- physical activity intervention as a treatment for depression: the treating depression with physical activity (TREAD) trial. *Health technology assessment*, 16, 1-164.
- Comans, T., Visser, V., Scuffham, P. 2013. Cost effectiveness of a community-based crisis intervention program for people bereaved by suicide. *Crisis*, 34, 390-397.
- Creswell, C., Cruddace, S., Gerry, S., Gitau, R., Mcintosh, E., Mollison, J., Murray, L., Shafran, R., Stein, A., Violato, M., Voysey, M., Willetts, L., Williams, N., Yu, L.-M., Cooper, P. J. 2015. Treatment of childhood anxiety disorder in the context of maternal anxiety disorder: a randomised controlled trial and economic analysis. *Health technology assessment (Winchester, England)*, 19, 1-184.
- Crow, S. J., Nyman, J. A. 2004. The cost-effectiveness of anorexia nervosa treatment. *International Journal of Eating Disorders*, 35, 155-160.
- Dopp, A. R., Hanson, R. F., Saunders, B. E., Dismuke, C. E., Moreland, A. D. 2017. Community-based implementation of trauma-focused interventions for youth: Economic impact of the learning collaborative model. *Psychological Services*, 14, 57-65.
- Dunlap, L. J., Zarkin, G. A., Bray, J. W., Mills, M., Kivlahan, D. R., Mckay, J. R., Latham, P., Tonigan, J. S. 2010. Revisiting the cost-effectiveness of the combine study for alcohol dependent patients: the patient perspective. *Medical care*, 48, 306-313.
- Dzator, J. A., Hendrie, D., Burke, V., Gianguilio, N., Gillam, H. F., Beilin, L. J., Houghton, S. 2004. A randomized trial of interactive group sessions achieved greater improvements in nutrition and physical activity at a tiny increase in cost. *Journal of clinical epidemiology*, 57, 610-619.
- Egger, N., Konnopka, A., Beutel, M. E., Herpertz, S., Hiller, W., Hoyer, J., Salzer, S., Stangier, U., Strauss, B., Willutzki, U., Wiltink, J., Leibing, E., Leichsenring, F., Konig, H. 2016. Long-term cost-effectiveness of cognitive behavioral therapy versus psychodynamic therapy in social anxiety disorder. *Depression and anxiety*, 33, 1114-1122.
- Ekers, D., Godfrey, C., Gilbody, S., Parrott, S., Richards, D. A., Hammond, D., Hayes, A. 2011. Cost utility of behavioural activation delivered by the non-specialist. *British Journal of Psychiatry*, 199, 510-511.
- Evans, J. R., Benore, E., Banez, G. A. 2016. The Cost-Effectiveness of Intensive Interdisciplinary Pediatric Chronic Pain Rehabilitation. *Journal of pediatric psychology*, 41, 849-856.
- Fals-Stewart, W., Klostermann, K., O'farrell, T. J., Yates, B. T., Birchler, G. R. 2005. Brief relationship therapy for alcoholism: a randomized clinical trial examining clinical efficacy and cost-effectiveness. *Psychology of Addictive Behaviors*, 19, 363-371.
- Fals-Stewart, W., Lam, W. K. 2008. Brief behavioral couples therapy for drug abuse: a randomized clinical trial examining clinical efficacy and cost-effectiveness. *Families Systems and Health*, 26, 377-392.
- Fals-Stewart, W., O'farrell, T. J., Birchler, G. R. 1997. Behavioral couples therapy for male substance-abusing patients: a cost outcomes analysis. *Journal of consulting and clinical psychology*, 65, 789-802.
- Farrington, D. P., Koegl, C. J. 2015. Monetary benefits and costs of the Stop Now And Plan program for boys aged 6-11, based on the prevention of later offending. *Journal of Quantitative Criminology*, 31, 263-287.
- Felce, D., Cohen, D., Willner, P., Rose, J., Kroese, B., Rose, N., Shead, J., Jahoda, A., Macmahon, P., Lammie, C., Stimpson, A., Woodgate, C., Gillespie, D., Townson, J., Nuttall, J., Hood, K. 2015. Cognitive behavioural anger management intervention for people with intellectual disabilities: costs of intervention and impact on health and social care resource use. *Journal of Intellectual Disability Research*, 59, 68-81.

- French, M. T., Sacks, S., Leon, G., Staines, G., Mckendrick, K. 1999. Modified therapeutic community for mentally ill chemical abusers: outcomes and costs. *Evaluation and the Health Professions*, 22, 60-85.
- French, M. T., Zavala, S. K., Mccollister, K. E., Waldron, H. B., Turner, C. W., Ozechowski, T. J. 2008. Cost-effectiveness analysis of four interventions for adolescents with a substance use disorder. *Journal of substance abuse treatment*, 34, 272-281.
- Gaag, M., Stant, A. D., Wolters, K. J., Buskens, E., Wiersma, D. 2011. Cognitive-behavioural therapy for persistent and recurrent psychosis in people with schizophrenia-spectrum disorder: cost-effectiveness analysis. *British Journal of Psychiatry*, 198, 59-65.
- Gerhards, S. A., Graaf, L. E., Jacobs, L. E., Severens, J. L., Huibers, M. J., Arntz, A., Riper, H., Widdershoven, G., Metsemakers, J. F., Evers, S. M. 2010. Economic evaluation of online computerised cognitive-behavioural therapy without support for depression in primary care: randomised trial. *British Journal of Psychiatry*, 196, 310-318.
- Goldfield, G. S., Epstein, L. H., Kilanowski, C. K., Paluch, R. A., Kogut-Bossler, B. 2001. Cost-effectiveness of group and mixed family-based treatment for childhood obesity. *International journal of obesity*, 25, 1843-1849.
- Goorden, M., Schawo, S. J., Bouwmansfrijters, C. A. M., Van Der Schee, E., Hendriks, V. M., Hakkaartvan Roijen, L. 2016a. The cost-effectiveness of family/family-based therapy for treatment of externalizing disorders, substance use disorders and delinquency: A systematic review. *BMC Psychiatry*, 16, Art 237-22.
- Goorden, M., Van Der Schee, E., Hendriks, V. M., Hakkaart-Van Roijen, L. 2016b. Cost-effectiveness of multidimensional family therapy compared to cognitive behavioral therapy for adolescents with a cannabis use disorder: Data from a randomized controlled trial. *Drug, Alcohol Dependence*, 162, 154-161.
- Gowers, S. G., Clark, A. F., Roberts, C., Byford, S., Barrett, B., Griffiths, A., Edwards, V., Bryan, C., Smethurst, N., Rowlands, L., Roots, P. 2010. A randomised controlled multicentre trial of treatments for adolescent anorexia nervosa including assessment of cost-effectiveness and patient acceptability: the TOuCAN trial. *Health technology assessment*, 14, 1-98.
- Gutierrez-Recacha, P., Chisholm, D., Haro, J. M., Salvador-Carulla, L., Ayuso-Mateos, J. L. 2006. Cost-effectiveness of different clinical interventions for reducing the burden of schizophrenia in Spain. *Acta Psychiatrica Scandinavica*, 114, 29-38.
- Haby, M. M., Tonge, B., Littlefield, L., Carter, R., Vos, T. 2004. Cost-effectiveness of cognitive behavioural therapy and selective serotonin reuptake inhibitors for major depression in children and adolescents. *Australian and New Zealand Journal of Psychiatry*, 38, 579-591.
- Hakkaart-Van Roijen, L., Bakker, T. J., Al, M., Lee, J., Duivenvoorden, H. J., Ribbe, M. W., Huijsman, R. 2013. Economic evaluation alongside a single RCT of an integrative psychotherapeutic nursing home programme. *BMC Health Services Research*, 13, 370.
- Healey, A., Knapp, M., Astin, J., Beecham, J., Kemp, R., Kirov, G., David, A. 1998. Cost-effectiveness evaluation of compliance therapy for people with psychosis. *British Journal of Psychiatry*, 172, 420-424.
- Hedman, E., Alaoui, S., Lindefors, N., Andersson, E., Ruck, C., Ghaderi, A., Kaldo, V., Lekander, M., Andersson, G., Ljotsson, B. 2014. Clinical effectiveness and cost-effectiveness of Internet- vs. group-based cognitive behavior therapy for social anxiety disorder: 4-Year follow-up of a randomized trial. *Behaviour research and therapy*, 59C, 20-29.
- Hedman, E., Andersson, E., Lindefors, N., Andersson, G., Ruck, C., Ljotsson, B. 2013. Cost-effectiveness and long-term effectiveness of Internet-based cognitive behaviour therapy for severe health anxiety. *Psychological medicine*, 43, 363-374.

- Hedman, E., Andersson, E., Ljotsson, B., Axelsson, E., Lekander, M. 2016. Cost effectiveness of internet-based cognitive behaviour therapy and behavioural stress management for severe health anxiety. *BMJ Open*, 6, e009327.
- Heuzenroeder, L., Donnelly, M., Haby, M. M., Mihalopoulos, C., Rossell, R., Carter, R., Andrews, G., Vos, T. 2004. Cost-effectiveness of psychological and pharmacological interventions for generalized anxiety disorder and panic disorder. *Australian and New Zealand Journal of Psychiatry*, 38, 602-612.
- Hiller, W., Fichter, M. M., Rief, W. 2003. A controlled treatment study of somatoform disorders including analysis of healthcare utilization and cost-effectiveness. *Journal of psychosomatic research*, 54, 369-380.
- Hoerger, T. J., Crouse, W. L., Zhuo, X., Gregg, E. W., Albright, A. L., Zhang, P. 2015. Medicare's intensive behavioral therapy for obesity: an exploratory cost-effectiveness analysis. *American Journal of Preventive Medicine*, 48, 419-425.
- Horn, E. K., Verheul, R., Thunnissen, M., Delimon, J., Goorden, M., Hakkaart-Van Roijen, L., Soons, M., Meerman, A. M. M. A., Ziegler, U. M., Rossum, B. V., Stijnen, T., Emmelkamp, P. M. G., Busschbach, J. J. V. 2016. Cost-Effectiveness of Short-Term Inpatient Psychotherapy Based on Transactional Analysis in Patients With Personality Disorder. *Journal of personality disorders*, 30, 483-501.
- Humphreys, I., Drummond, A. E., Phillips, C., Lincoln, N. B. 2013. Cost-effectiveness of an adjustment group for people with multiple sclerosis and low mood: a randomized trial. *Clinical rehabilitation*, 27, 963-971.
- Ising, H. K., Lokkerbol, J., Rietdijk, J., Dragt, S., Klaassen, R. M. C., Kraan, T., Boonstra, N., Nieman, D. H., Van Den Berg, D. P. G., Linszen, D. H., Wunderink, L., Veling, W., Smit, F., Van Der Gaag, M. 2016. Four-Year Cost-effectiveness of Cognitive Behavior Therapy for Preventing First-episode Psychosis: The Dutch Early Detection Intervention Evaluation (EDIE-NL) Trial. *Schizophrenia bulletin*.
- Ising, H. K., Smit, F., Veling, W., Rietdijk, J., Dragt, S., Klaassen, R. M. C., Savelsberg, N. S. P., Boonstra, N., Nieman, D. H., Linszen, D. H., Wunderink, L., Van Der Gaag, M. 2015. Cost-effectiveness of preventing first-episode psychosis in ultra-high-risk subjects: multi-centre randomized controlled trial. *Psychological medicine*, 45, 1435-1446.
- Issakidis, C., Sanderson, K., Corry, J., Andrews, G., Lapsley, H. 2004. Modelling the population cost-effectiveness of current and evidence-based optimal treatment for anxiety disorders. *Psychological medicine*, 34, 19-35.
- Joling, K. J., Bosmans, J. E., Marwijk, H. W., Horst, H. E., Scheltens, P., Vroomen, J. L., Hout, H. P. 2013. The cost-effectiveness of a family meetings intervention to prevent depression and anxiety in family caregivers of patients with dementia: a randomized trial. *Trials*, 14, 305.
- Kamlet, M. S., Paul, N., Greenhouse, J., Kupfer, D., Frank, E., Wade, M. 1995. Cost utility analysis of maintenance treatment for recurrent depression. *Controlled clinical trials*, 16, 17-40.
- Kaplan, B. J., Isaranuwachai, W., Hoch, J. S. 2017. Hospitalization cost of conventional psychiatric care compared to broad-spectrum micronutrient treatment: literature review and case study of adult psychosis. *International Journal of Mental Health Systems*, 11, 14.
- Kemani, M. K., Olsson, G. L., Lekander, M., Hesser, H., Andersson, E., Wicksell, R. K. 2015. Efficacy and Cost-effectiveness of Acceptance and Commitment Therapy and Applied Relaxation for Longstanding Pain: A Randomized Controlled Trial. *Clinical Journal of Pain*, 31, 1004-1016.
- Klietz, S. J., Borduin, C. M., Schaeffer, C. M. 2010. Cost-benefit analysis of multisystemic therapy with serious and violent juvenile offenders. *Journal of Family Psychology*, 24, 657-666.

- Knapp, M., King, D., Romeo, R., Schehl, B., Barber, J., Griffin, M., Rapaport, P., Livingston, D., Mummery, C., Walker, Z., Hoe, J., Sampson, E. L., Cooper, C., Livingston, G. 2013. Cost effectiveness of a manual based coping strategy programme in promoting the mental health of family carers of people with dementia (the START (STrAtegies for RelaTives) study): a pragmatic randomised controlled trial. *BMJ*, 347, f6342.
- Knorrning, L., Akerblad, A., Bengtsson, F., Carlsson, A., Ekselius, L. 2006. Cost of depression: effect of adherence and treatment response. *European Psychiatry*, 21, 349-354.
- Korff, M., Katon, W., Bush, T., Lin, E. H., Simon, G. E., Saunders, K., Ludman, E., Walker, E., Unutzer, J. 1998. Treatment costs, cost offset, and cost-effectiveness of collaborative management of depression. *Psychosomatic medicine*, 60, 143-149.
- Korte, J., Cristina Majo, M., Bohlmeijer, E. T., Westerhof, G. J., Smit, F. 2015. Cost-effectiveness of life-review for older adults with moderate depressive symptomatology: A pragmatic randomized controlled trial. *Journal of Aging Studies*, 34, 146-154.
- Kuyken, W., Hayes, R., Barrett, B., Byng, R., Dalgleish, T., Kessler, D., Lewis, G., Watkins, E., Brejcha, C., Cardy, J., Causley, A., Cowderoy, S., Evans, A., Gradinger, F., Kaur, S., Lanham, P., Morant, N., Richards, J., Shah, P., Sutton, H., Vicary, R., Weaver, A., Wilks, J., Williams, M., Taylor, R. S., Byford, S. 2015a. Effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse or recurrence (PREVENT): a randomised controlled trial. *Lancet*, 386, 63-73.
- Kuyken, W., Hayes, R., Barrett, B., Byng, R., Dalgleish, T., Kessler, D., Lewis, G., Watkins, E., Morant, N., Taylor, R. S., Byford, S. 2015b. The effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse/recurrence: results of a randomised controlled trial (the PREVENT study). *Health technology assessment (Winchester, England)*, 19, 1-124.
- Lamb, S. E., Hansen, Z., Lall, R., Castelnuovo, E., Withers, E. J., Nichols, V., Potter, R., Underwood, M. R. 2010a. Group cognitive behavioural treatment for low-back pain in primary care: a randomised controlled trial and cost-effectiveness analysis. *Lancet*, 375, 916-923.
- Lamb, S. E., Lall, R., Hansen, Z., Castelnuovo, E., Withers, E. J., Nichols, V., Griffiths, F., Potter, R., Szczepura, A., Underwood, M. 2010b. A multicentred randomised controlled trial of a primary-care based cognitive behavioural programme for low back pain: the Back Skills Training (BeST) trial. *Health technology assessment*, 14, 1-281.
- Lemieux, J., Topp, A., Chappell, H., Ennis, M., Goodwin, P. J. 2006. Economic analysis of psychosocial group therapy in women with metastatic breast cancer. *Breast cancer research and treatment*, 100, 183-190.
- Lengacher, C. A., Kip, K. E., Reich, R. R., Craig, B. M., Mogos, M., Ramesar, S., Paterson, C. L., Farias, J. R., Pracht, E. 2015. A Cost-Effective Mindfulness Stress Reduction Program: A Randomized Control Trial for Breast Cancer Survivors. *Nursing Economics*, 33, 210-218.
- Linton, S. J., Nordin, E. 2006. A 5-year follow-up evaluation of the health and economic consequences of an early cognitive behavioral intervention for back pain: a randomized, controlled trial. *Spine*, 31, 853-858.
- Ljotsson, B., Andersson, G., Andersson, E., Hedman, E., Lindfors, P., Andreevitch, S., Ruck, C., Lindfors, N. 2011. Acceptability, effectiveness, and cost-effectiveness of internet-based exposure treatment for irritable bowel syndrome in a clinical sample: a randomized controlled trial. *BMC Gastroenterology*, 11:110.
- Luciano, J. V., Sabes-Figuera, R., Cardenosa, E., Penarrubia-Maria, M. T., Fernandez-Vergel, R., Garcia-Campayo, J., Knapp, M., Serrano-Blanco, A. 2013. Cost-utility of a psychoeducational intervention in fibromyalgia patients compared with usual care: An

- economic evaluation alongside a 12-month randomized controlled trial. *Clinical Journal of Pain*, 29, 702-711.
- Lynch, F. L., Hornbrook, M., Clarke, G. N., Perrin, N., Polen, M. R., O'Connor, E., Dickerson, J. 2005. Cost-effectiveness of an intervention to prevent depression in at-risk teens. *Archives of General Psychiatry*, 61, 1241-1248.
- Maes, I. H., Cima, R. F., Anteunis, L. J., Scheijen, D. J., Baguley, D. M., Refaie, A., Vlaeyen, J. W., Joore, M. A. 2014. Cost-effectiveness of specialized treatment based on cognitive behavioral therapy versus usual care for tinnitus. *Otology and Neurotology*, 35, 787-795.
- Mcbain, R. K., Salhi, C., Hann, K., Salomon, J. A., Kim, J. J., Betancourt, T. S. 2016. Costs and cost-effectiveness of a mental health intervention for war-affected young persons: decision analysis based on a randomized controlled trial. *Health Policy & Planning*, 31, 415-424.
- Mccrone, P., Knapp, M., Kennedy, T., Seed, P., Jones, R., Darnley, S., Chalder, T. 2008. Cost-effectiveness of cognitive behaviour therapy in addition to mebeverine for irritable bowel syndrome. *European Journal of Gastroenterology and Hepatology*, 20, 255-263.
- Mccrone, P., Marks, I. M., Mataix-Cols, D., Kenwright, M., Mcdonough, M. 2009. Computer-aided self-exposure therapy for phobia/panic disorder: a pilot economic evaluation. *Cognitive Behaviour Therapy*, 38, 91-99.
- Mccrone, P., Ridsdale, L., Darbishire, L., Seed, P. 2004. Cost-effectiveness of cognitive behavioural therapy, graded exercise and usual care for patients with chronic fatigue in primary care. *Psychological medicine*, 34, 991-999.
- Mccrone, P., Sharpe, M., Chalder, T., Knapp, M., Johnson, A. L., Goldsmith, K. A., White, P. D. 2012. Adaptive pacing, cognitive behaviour therapy, graded exercise, and specialist medical care for chronic fatigue syndrome: a cost-effectiveness analysis. *PLOS ONE*, 7.
- Mccrone, P., Weeramanthri, T., Knapp, M., Rushton, A., Trowell, J., Miles, G., Kolvin, I. 2005. Cost-effectiveness of individual versus group psychotherapy for sexually abused girls. *Child and Adolescent Mental Health*, 10, 26-31.
- Mejia, A., Richardson, G., Pattenden, J., Cockayne, S., Lewin, R. 2014. Cost-effectiveness of a nurse facilitated, cognitive behavioural self-management programme compared with usual care using CBT manual alone for patients with heart failure. *International journal of nursing studies*, epub.
- Meuldijk, D., Carlier, I. V. E., Van Vliet, I. M., Van Hemert, A. M., Zitman, F. G., Van Den Akker-Van Marle, M. E. 2015. Economic Evaluation of Concise Cognitive Behavioural Therapy and/or Pharmacotherapy for Depressive and Anxiety Disorders. *The Journal of Mental Health Policy & Economics*, 18, 175-183.
- Meuldijk, D., McCarthy, A., Bourke, M. E., Grenyer, B. F. S. 2017. The value of psychological treatment for borderline personality disorder: Systematic review and cost offset analysis of economic evaluations. *PLoS ONE*, 12, e0171592.
- Mewes, J. C., Steuten, L. M. G., Duijts, S. F. A., Oldenburg, H. S. A., Van Beurden, M., Stuijver, M. M., Hunter, M. S., Kieffer, J. M., Van Harten, W. H., Aaronson, N. K. 2015. Cost-effectiveness of cognitive behavioral therapy and physical exercise for alleviating treatment-induced menopausal symptoms in breast cancer patients. *Journal of Cancer Survivorship*, 9, 126-135.
- Mihalopoulos, C., Magnus, A., Carter, R., Vos, T. 2004. Assessing cost-effectiveness in mental health: family interventions for schizophrenia and related conditions. *Australian and New Zealand Journal of Psychiatry*, 38, 511-519.
- Mihalopoulos, C., Magnus, A., Lal, A., Dell, L., Forbes, D., Phelps, A. 2015a. Is implementation of the 2013 Australian treatment guidelines for posttraumatic stress disorder cost-effective compared to current practice? A cost-utility analysis using QALYs and DALYs. *Australian & New Zealand Journal of Psychiatry*, 49, 360-376.

- Mihalopoulos, C., Vos, T., Pirkis, J., Smit, F. & Carter, R. 2011. Do indicated preventive interventions for depression represent good value for money? *Australian and New Zealand Journal of Psychiatry*, 45, 36-44.
- Mihalopoulos, C., Vos, T., Rapee, R. M., Pirkis, J., Chatterton, M. L., Lee, Y.-C., Carter, R. 2015b. The population cost-effectiveness of a parenting intervention designed to prevent anxiety disorders in children. *Journal of Child Psychology & Psychiatry & Allied Disciplines*, 56, 1026-1033.
- Morrell, C. J., Sutcliffe, P., Booth, A., Stevens, J., Scope, A., Stevenson, M., Harvey, R., Bessey, A., Cantrell, A., Dennis, C.-L., Ren, S., Ragonesi, M., Barkham, M., Churchill, D., Henshaw, C., Newstead, J., Slade, P., Spiby, H., Stewart-Brown, S. 2016. A systematic review, evidence synthesis and meta-analysis of quantitative and qualitative studies evaluating the clinical effectiveness, the cost-effectiveness, safety and acceptability of interventions to prevent postnatal depression. *Health technology assessment (Winchester, England)*, 20, 1-414.
- Mortimer, D., Segal, L. 2005. Economic evaluation of interventions for problem drinking and alcohol dependence: Cost per QALY estimates. *Alcohol and Alcoholism*, 40, 549-555.
- Mukuria, C., Brazier, J., Barkham, M., Connell, J., Hardy, G., Hutten, R., Saxon, D., Dent-Brown, K., Parry, G. 2013. Cost-effectiveness of an Improving Access to Psychological Therapies service. *British Journal of Psychiatry*, 202, 220-227.
- Murphy, J. G., Dennhardt, A. A., Yurasek, A. M., Skidmore, J. R., Martens, M. P., Mackillop, J., Mcdevitt-Murphy, M. E. 2015. Behavioral economic predictors of brief alcohol intervention outcomes. *Journal of Consulting & Clinical Psychology*, 83, 1033-1043.
- Naik, S. K. 2015. Management of bipolar disorders in women by nonpharmacological methods. *Indian Journal of Psychiatry*, 57, S264-74.
- Narasimhan, M., Druss, B. G., Hockenberry, J. M., Royer, J., Weiss, P., Glick, G., Marcus, S. C., Magill, J. 2015. Impact of a Telepsychiatry Program at Emergency Departments Statewide on the Quality, Utilization, and Costs of Mental Health Services. *Psychiatric Services*, 66, 1167-1172.
- Neighbors, C. J., Barnett, N. P., Rohsenow, D. J., Colby, S. M., Monti, P. M. 2010. Cost-effectiveness of a motivational intervention for alcohol-involved youth in a hospital emergency department. *Journal of Studies on Alcohol and Drugs*, 71, 384-394.
- O'farrell, T. J., Choquette, K. A., Cutter, H. S., Floyd, F. J., Bayog, R., Brown, E. D., Lowe, J., Chan, A., Deneault, P. 1996. Cost-benefit and cost-effectiveness analyses of behavioral marital therapy as an addition to outpatient alcoholism treatment. *Journal of studies on alcohol*, 8, 145-166.
- Olmstead, T. A., Sindelar, J. L., Easton, C. J., Carroll, K. M. 2007. The cost-effectiveness of four treatments for marijuana dependence. *Addiction*, 102, 1443-1453.
- Papageorgiou, C., Wells, A. 2015. Group metacognitive therapy for severe antidepressant and CBT resistant depression: A baseline-controlled trial. *Cognitive Therapy and Research*, 39, 14-22.
- Patel, A., Maissi, E., Chang, H. C., Rodrigues, I., Smith, M., Thomas, S., Chalder, T., Schmidt, U., Treasure, J., Ismail, K. 2011. Motivational enhancement therapy with and without cognitive behaviour therapy for type1 diabetes: economic evaluation from a randomized controlled trial. *Diabetic Medicine*, 28, 470-479.
- Pentecost, C., Farrand, P., Greaves, C. J., Taylor, R. S., Warren, F. C., Hillsdon, M., Green, C., Welsman, J. R., Rayson, K., Evans, P. H., Taylor, A. H. 2015. Combining behavioural activation with physical activity promotion for adults with depression: findings of a parallel-group pilot randomised controlled trial (BACPAc). *Trials*, 16, 367.

- Phanthunane, P., Vos, T., Whiteford, H., Bertram, M. 2011. Cost-effectiveness of pharmacological and psychosocial interventions for schizophrenia. *Cost Effectiveness and Resource Allocation*, 9:6.
- Phillips, R., Schneider, J., Molosankwe, I., Leese, M., Foroushani, P. S., Grime, P., Mccrone, P., Morriss, R., Thornicroft, G. 2014. Randomized controlled trial of computerized cognitive behavioural therapy for depressive symptoms: effectiveness and costs of a workplace intervention. *Psychological medicine*, 44, 741-752.
- Priebe, S., Savill, M., Wykes, T., Bentall, R., Lauber, C., Reininghaus, U., Mccrone, P., Mosweu, I., Bremner, S., Eldridge, S., Rohricht, F., Team, N. 2016. Clinical effectiveness and cost-effectiveness of body psychotherapy in the treatment of negative symptoms of schizophrenia: a multicentre randomised controlled trial. *Health technology assessment (Winchester, England)*, 20, vii-xxiii, 1-100.
- Revicki, D. A., Siddique, J., Frank, L., Chung, J. Y., Green, B. L., Krupnick, J., Prasad, M., Miranda, J. 2005. Cost-effectiveness of evidence-based pharmacotherapy or cognitive behavior therapy compared with community referral for major depression in predominantly low-income minority women. *Archives of General Psychiatry*, 62, 868-875.
- Richards, D. A., Ekers, D., Mccmillan, D., Taylor, R. S., Byford, S., Warren, F. C., Barrett, B., Farrand, P. A., Gilbody, S., Kuyken, W., O'mahen, H., Watkins, E. R., Wright, K. A., Hollon, S. D., Reed, N., Rhodes, S., Fletcher, E., Finning, K. 2016. Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression (COBRA): a randomised, controlled, non-inferiority trial. *Lancet*, 388, 871-880.
- Roberge, P., Marchand, A., Reinharz, D., Savard, P. 2008. Cognitive-behavioral treatment for panic disorder with agoraphobia: a randomized, controlled trial and cost-effectiveness analysis. *Behavior modification*, 32, 333-351.
- Sabariego, C., Brach, M., Herschbach, P., Berg, P., Stucki, G. 2011. Cost-effectiveness of cognitive-behavioral group therapy for dysfunctional fear of progression in cancer patients. *European Journal of Health Economics*, 12, 489-497.
- Sado, M., Knapp, M., Yamauchi, K., Fujisawa, D., So, M., Nakagawa, A., Kikuchi, T., Ono, Y. 2009. Cost-effectiveness of combination therapy versus antidepressant therapy for management of depression in Japan. *Australian and New Zealand Journal of Psychiatry*, 43, 539-547.
- Sava, F. A., Yates, B. T., Lupu, V., Szentagotai, A., David, D. 2009. Cost-effectiveness and cost-utility of cognitive therapy, rational emotive behavioral therapy, and fluoxetine (Prozac) in treating clinical depression: a randomized clinical trial. *Journal of clinical psychology*, 65, 36-52.
- Scheeres, K., Wensing, M., Bleijenbergh, G., Severens, J. L. 2008. Implementing cognitive behavior therapy for chronic fatigue syndrome in mental health care: a costs and outcomes analysis. *BMC Health Services Research*, 8.
- Schroder, A., Ornbol, E., Jensen, J. S., Sharpe, M., Fink, P. 2017. Long-term economic evaluation of cognitive-behavioural group treatment versus enhanced usual care for functional somatic syndromes. *Journal of psychosomatic research*, 94, 73-81.
- Schweikert, B., Jacobi, E., Seitz, R., Cziske, R., Ehlert, A., Knab, J., Leidl, R. 2006. Effectiveness and cost-effectiveness of adding a cognitive behavioral treatment to the rehabilitation of chronic low back pain. *Journal of Rheumatology*, 33, 2519-2526.
- Scott, J., Palmer, S., Paykel, E., Teasdale, J., Hayhurst, H. 2003. Use of cognitive therapy for relapse prevention in chronic depression: cost-effectiveness study. *British Journal of Psychiatry*, 182, 221-227.
- Shearer, J., Tie, H., Byford, S. 2015. Economic evaluations of contingency management in illicit drug misuse programmes: A systematic review. *Drug & Alcohol Review*, 34, 289-298.

- Shimodera, S., Furukawa, T. A., Mino, Y., Shimazu, K., Nishida, A., Inoue, S. 2012. Cost-effectiveness of family psychoeducation to prevent relapse in major depression: results from a randomized controlled trial. *BMC Psychiatry*, 12:40.
- Simon, G. E., Katon, W. J., Lin, E. H., Rutter, C., Manning, W. G., Korff, M., Ciechanowski, P., Ludman, E. J., Young, B. A. 2007. Cost-effectiveness of systematic depression treatment among people with diabetes mellitus. *Archives of General Psychiatry*, 64, 65-72.
- Simon, G. E., Ludman, E. J., Bauer, M. S., Unutzer, J., Operskalski, B. 2006. Long-term effectiveness and cost of a systematic care program for bipolar disorder. *Archives of General Psychiatry*, 63, 500-508.
- Simon, G. E., Ludman, E. J., Rutter, C. M. 2009. Incremental benefit and cost of telephone care management and telephone psychotherapy for depression in primary care. *Archives of General Psychiatry*, 66, 1081-1089.
- Skapinakis, P., Caldwell, D., Hollingworth, W., Bryden, P., Fineberg, N., Salkovskis, P., Welton, N., Baxter, H., Kessler, D., Churchill, R., Lewis, G. 2016. A systematic review of the clinical effectiveness and cost-effectiveness of pharmacological and psychological interventions for the management of obsessive-compulsive disorder in children/adolescents and adults. *Health technology assessment (Winchester, England)*, 20, 1-392.
- Smeets, R. J., Severens, J. L., Beelen, S., Vlaeyen, J. W., Knottnerus, J. A. 2009. More is not always better: cost-effectiveness analysis of combined, single behavioral and single physical rehabilitation programs for chronic low back pain. *European Journal of Pain*, 13, 71-81.
- Smit, F., Willemse, G., Koopmanschap, M., Onrust, S., Cuijpers, P., Beekman, A. 2006. Cost-effectiveness of preventing depression in primary care patients: randomised trial. *British Journal of Psychiatry*, 188, 330-336.
- Smit, F., Willemse, G., Meulenbeek, P., Koopmanschap, M., Balkom, A., Spinhoven, P., Cuijpers, P. 2009. Preventing panic disorder: cost-effectiveness analysis alongside a pragmatic randomised trial. *Cost Effectiveness and Resource Allocation*, 7, art 8.
- Soeteman, D. I., Verheul, R., Meerman, A. M., Ziegler, U., Rossum, B. V., Delimon, J., Rijniere, P., Thunnissen, M., Busschbach, J. J., Kim, J. J. 2011. Cost-effectiveness of psychotherapy for cluster C personality disorders: a decision-analytic model in the Netherlands. *Journal of Clinical Psychiatry*, 72, 51-59.
- Stevenson, M. D., Scope, A., Sutcliffe, P. A. 2010. The cost-effectiveness of group cognitive behavioral therapy compared with routine primary care for women with postnatal depression in the UK. *Value in Health*, 13, 580-584.
- Thomas, S., Thomas, P. W., Kersten, P., Jones, R., Green, C., Nock, A., Slingsby, V., Smith, A. D., Baker, R., Galvin, K. T., Hillier, C. 2013. A pragmatic parallel arm multi-centre randomised controlled trial to assess the effectiveness and cost-effectiveness of a group-based fatigue management programme (FACETS) for people with multiple sclerosis. *Journal of Neurology, Neurosurgery and Psychiatry*, 84, 1092-1099.
- Titov, N., Andrews, G., Johnston, L., Schwencke, G., Choi, I. 2009. Shyness programme: longer term benefits, cost-effectiveness, and acceptability. *Australian and New Zealand Journal of Psychiatry*, 43, 36-44.
- Tyrer, P., Cooper, S., Salkovskis, P., Tyrer, H., Crawford, M., Byford, S., Dupont, S., Finnis, S., Green, J., McLaren, E., Murphy, D., Reid, S., Smith, G., Wang, D., Warwick, H., Petkova, H., Barrett, B. 2014. Clinical and cost-effectiveness of cognitive behaviour therapy for health anxiety in medical patients: a multicentre randomised controlled trial. *Lancet*, 383, 219-225.
- Tyrer, P., Tyrer, H., Cooper, S., Barrett, B., Kings, S., Lazarevic, V., Bransby-Adams, K., Whittamore, K., Walker, G., McNulty, A., Donaldson, E., Midgley, L., McCoy, S., Evered, R., Yang, M., Guo, B., Lisseman-Stones, Y., Doukani, A., Mulder, R., Morriss, R.,

- Crawford, M. 2015. Cognitive behaviour therapy for non-cardiac pain in the chest (COPIC): a multicentre randomized controlled trial with economic evaluation. *BMC psychology*, 3, 41.
- Van Eeden, M., Kootker, J. A., Evers, S. M. A. A., Van Heugten, C. M., Geurts, A. C. H., Van Mastrigt, G. A. P. G. 2015. An economic evaluation of an augmented cognitive behavioural intervention vs. computerized cognitive training for post-stroke depressive symptoms. *BMC Neurology*, 15, 266.
- Vanhauzenhuyse, A., Gillet, A., Malaise, N., Salamun, I., Barsics, C., Grosdent, S., Maquet, D., Nyssen, A. S., Faymonville, M. E. 2015. Efficacy and cost-effectiveness: A study of different treatment approaches in a tertiary pain centre. *European Journal of Pain*, 19, 1437-1446.
- Vasiliadis, H.-M., Lesage, A., Latimer, E., Seguin, M. 2015. Implementing Suicide Prevention Programs: Costs and Potential Life Years Saved in Canada. *The Journal of Mental Health Policy & Economics*, 18, 147-155.
- Watkins, Katherine, E., Cuellar, Alison, E., Hepner, Kimberly, A., Hunter, Sarah, B., Paddock, Susan, M., Ewing, Brett, A., Cruz 2013. The cost-effectiveness of depression treatment for co-occurring disorders: a clinical trial. *Journal of substance abuse treatment*, Oct 2013.
- Woodhouse, R., Neilson, M., Martyn-St James, M., Glanville, J., Hewitt, C., Perry, A. E. 2016. Interventions for drug-using offenders with co-occurring mental health problems: a systematic review and economic appraisal. *Health & Justice*, 4, 10.